



Lynda Carolyn McNab

April 2, 1949 - April 16, 2026

Lynda Carolyn McNab was born April 2, 1949 in Stillwater, Oklahoma to Terrell Chester and Joyce Welcome Rogers. She passed from this life on April 16, 2026 in Ardmore, Pennsylvania.

Lynda grew up in Del City, Oklahoma, graduated from Crooked Oak High School, and obtained her bachelor's degree in special education from Oklahoma State University. She went on to obtain a master's degree at the University of Central Oklahoma, and eventually moved to Houston, Texas where she met the love of her life, Robert McNab. Their exciting life together spanned an amazing 40 years.

Lynda and Robert loved their adventurous life together and were known for their great hospitality, entertaining family and friends from all over the world. Robert's assignments took them to France, the Netherlands and Great Britain, and they retired to the Texas hill country in 2005. They were active in their church and community organizations, serving as court appointed special advocates for children and on various boards and committees. Wherever Lynda and Robert lived they made a positive impact on their community. In 2017 they established their lives in Ardmore, Pennsylvania.

Lynda was a small but mighty people person. Some of her family referred to her as the "Little Giant." She was intently focused on her love of family and

made special efforts to encourage her large family to love one another and be present across distance. Reunions and gatherings served to highlight what everyone already loved most about Lynda, that she loved deeply, organized superbly, and ruled totally (at least her three younger brothers were convinced of it).

Wherever they lived, she and Robert immersed themselves in community activities and helping others. After Robert's passing, Lynda continued to live life to the fullest, while simultaneously waging a fierce battle with cancer. Even during her last year, Lynda's wide-ranging interests led her to explore diverse locations and cultures spanning the tropics of the Amazon to the wintry country of Iceland. To both her family and her friends, she was the dependable organizer, energetic social director, and astounding chef. During her earlier travels she received training at Le Cordon Blue in Paris, France, and as a gourmet chef she was never short of volunteers to try out a new recipe.

Lynda touched so many lives during her time on earth. In this final stage of her life, she was blessed to live among the kind and generous people of her Ardmore community. After her cancer diagnosis, her circle of friends continued to increase to include fellow cancer warriors, both patients and medical experts. Lynda was particularly blessed to have the Unite for Her community alongside her to provide all kinds of support through her journey. Typical of Lynda, she not only gladly received their support, but she became a tremendous contributor and advocate for the organization. The friendships she formed with other cancer patients and caregivers were some of the richest of her life. She often spoke tenderly of her deep love for the organization and her newfound friends.

Lynda's faith in Jesus Christ was central to her life, and she followed Him in her word and her actions. Her lifelong service to her Lord and Savior started

during her school years as she travelled to Mexico to serve as a summer missionary. Lynda showed a love for children from early on, evidenced further by her decision to study education. She taught Sunday school and actively participated in Vacation Bible School, using her talents and passion to share God's love with children. Lynda lived out her faith by loving others with sincerity, generosity and a servant's heart. She leaves behind a legacy of kindness, loyalty and a willingness to help whenever help was needed.

Though these last seven years battling cancer were often filled with discomfort and pain, she found reasons to praise God. She continually expressed how grateful she was to the Lord for sending an army of friends to help her fight. Her church community, her lifelong friends, and her very special neighbors were always the subject of her gratitude to the Lord. There are not enough words to express how much we all love and miss Lynda McNab.

She is survived by her three brothers, Dr. Bob Rogers and his wife Phyllis, Reverend Randy Rogers and his wife Marie, and Rick Rogers and his wife Mary, along with a host of beloved cousins, nieces and nephews. She is preceded in death by her loving husband Robert, and her parents Terrell and Joyce Rogers.

In lieu of flowers, contributions would be appreciated to either Unite For Her or St Paul's Lutheran Church.

Upcoming Events

Memorial Service

MAY 27. 11:00 AM (ET)

St. Paul's Lutheran Church
415 East Athens Ave
Ardmore, PA 19003

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Tribute Wall

PB

“ I'm so glad I got to really know my second cousin the last several years of her life. Lynda was alive and caring and fun and more! She adamantly opposed the label "stage 4 cancer," feeling like it wrote off people with that diagnosis. They have so much more to give, she said, as Lynda showed us. Literally to the time she left us to fly to heaven, Lynda continued giving to her church, her community, her family and many good causes including the Dana Farber Cancer Institute in Boston for which my husband ran 3 Boston Marathons raising critical research dollars, and for her beloved Unite for Her, which loved on women with breast cancer. Boy, did she look lovely in those fashion shows she did for the latter. RIP, Cousin; see you soon. I love you so, Paula Burkes, Edmond, OK



paula burkes - Yesterday at 08:57 PM

CS

“ Those of us who knew Lynda thru Priscilla's wonderful Stronger thru Cancer program will always remember her friendship which brought much wisdom, courage, and warmth to our supportive and dedicated group. Altho I am older than Lynda, she was superior in so many life skills--especially those that count the most. I thought of her as the unofficial "house mother" of Stronger thru Cancer members. She will always be an inspiration. With much admiration and love, Cynthia

Cynthia Sanford - May 11 at 10:26 AM